



Pancakes with seeds and strawberry jam

Category: Dinner, Desserts, Egg and Dairy, Sweets

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Preparation
time
30 min.



Difficulty
Medium



Portions
4 personas



Ingredients

- 2 cups Harina para Hot Cakes Pronto®
- 2 tbsps Sunflower seed
- 60 g Amaranth
- 2 tbsps Sesame
- 2 tbsps Flax Seed
- 460 mls Milk
- 1Egg
- 60 g Melted butter
- 60 g Mermelada de Fresa La Costeña®
- 460 mls Orange juice



Preparation time

1. In bowl mix Harina para Hot Cakes pancake flour, sunflower seed, amaranth, sesame, flax seed, milk, egg and two tablespoon butter, until mixture is uniform.
2. Mix jam and orange juice. Set aside.
3. Heat one tablespoon butter. Pour one medium ladle prepared mixture on butter. Cook over medium heat for 2 minutes on each side shaping a pancake.
4. Serve hot pancakes with jam and extra seeds.